

**Psychology Serving
Pastoral Ministry:
A Seminar**



Sacerdos

August 11 – 15, 2008

Presented by:

**The Institute for the
Psychological Sciences**

sponsored in collaboration with

Sacerdos Institute

Psychology Serving Pastoral Ministry: A Seminar

August 11-15, 2008

Who: Diocesan and Religious Priests, consecrated men and women especially those involved in seminary formation, spiritual direction and psychological counseling.

What: One week of integral, ongoing formation in the area of priestly spirituality, spiritual direction and psychology.

Where: OUR LADY OF BETHESDA RETREAT CENTER (OLB), 7007 Bradley Boulevard, Bethesda, Maryland 20817

DAY 1—Monday, August 11

Morning and Afternoon: E. Christian Brugger, D.Phil.

“ANTHROPOLOGICAL FOUNDATIONS FOR HUMAN PSYCHOLOGY”

Dr. Brugger, a theologian at the Institute for the Psychological Sciences, will discuss the centrality for psychology of holding a correct view of the human person. This view will necessarily include the valid findings of the empirical discipline of psychology. But because human mental life and its flourishing are not reducible to measurable phenomena, good clinical practice must take into consideration dimensions of the human person classically studied in disciplines other than psychology, principally philosophy and theology (e.g., intellect, will, relation to the transcendent, good and evil, etc.). Dr. Brugger will propose an anthropological model useful for addressing both abstract and practical questions in dealing with mental health issues.



E. Christian Brugger, D. Phil.

Dr. Brugger is a philosopher and theologian. His graduate degrees are in the areas of Christian Ethics (Oxford), Moral Philosophy (Harvard), and Moral Theology (Seton Hall). Dr. Brugger has published widely in scholarly and popular journals on topics related to Christian ethics and moral philosophy.

Evening: John Haldane, Ph.D.

“SPIRITUALITY AND ITS PLACE IN THE SCHEME OF HUMAN VALUES”

Although there is much talk about “spirituality” and “spiritual fulfillment,” much of this lacks any serious intellectual foundation. The question arises, therefore, of the nature of spiritual values, and the possibility of providing a rigorous philosophical defense of their reality. Professor Haldane will explore these issues in the context of recent developments in moral philosophy.



John Haldane, Ph.D.

Professor Haldane is Professor of Philosophy at the University of St. Andrews, Director of its Centre for Ethics, Philosophy and Public Affairs, and Visiting Professor at the Institute for the Psychological Sciences. He is widely published in several areas of philosophy. He delivered the 2004-2005 Gifford Lectures.

DAY 2—Tuesday, August 12

Morning and Afternoon: Philip Scrofani, Ph.D.

“DISCERNING PSYCHOLOGICAL PROBLEMS: A SEMINAR FOR PRIESTS”

In the morning, Dr. Scrofani will provide an introduction to the Diagnostic and Statistical Manual commonly used by mental health professionals, thoughts and ideas about human flourishing from the perspective of a Catholic anthropology, and some illustrations of psychopathology and diagnostic categories. He will distinguish between more moderate, manageable conditions and severe conditions that require aggressive intervention. He will also conduct a very brief overview of crisis intervention and suicide risk assessment.

In the afternoon, Dr. Scrofani will survey the four common areas of interpersonal stress that can trigger mild to moderate psychological conditions manifesting in various forms of anxiety and depression. He will also give a brief overview of interpersonal classification schemes that may be useful to both professionals and laymen who must provide assistance to human relationships on a regular basis. There will be some time for discussion.



Philip Scrofani, Ph.D.

Dr. Scrofani is Assistant Professor and Director of Clinical Training at the Institute for the Psychological Sciences. His expertise is in clinical psychology, family psychology, cognitive-behavioral therapy and group therapy. He was in charge of vocational evaluations for the Diocese of Arlington from 1998 to 2004.

Evening: Kathryn Benes, Ph.D.
“CLERGY-PSYCHOLOGIST COLLABORATION”

Throughout its history, the Catholic Church has considered the poor and those in need to be among its treasures. To care for these treasures the church must be capable of responding to the mental health needs of its members. John Paul II has stated that although the ecclesial community has a universal dimension, it “finds its most immediate and visible expression in the *parish*...where it is the Church living in the midst of the homes of her sons and daughters” (*Christifideles Laici*). In order to best serve the Church, a psychology with a Catholic foundation must go beyond the confines of the clinic to meet the Church in the world. Dr. Benes will discuss how organizational psychology can provide a means to bring psychology to the service of the Church.



Kathryn M. Benes, Ph.D.

Dr. Benes is Associate Professor and Director of the Training Clinic at the Institute for the Psychological Sciences. She has developed a nationally recognized, diocesan-wide, mental health program that ultimately became a doctoral-level psychology internship site, accredited by the American Psychological Association. It is currently the only APA-accredited internship program in the nation that is specifically designed to train psychologists from a Catholic perspective.

DAY 3—Wednesday, August 13

Morning and Afternoon: Frank Moncher, Ph.D.
“ENDURING PERSONALITY PROBLEMS”

In the morning, Dr. Moncher will expand upon the ideas discussed by Dr. Scrofani, focusing on the more enduring, characterological problems professionally referred to as “Personality Disorders.” He will survey some of the diagnostic categories commonly encountered by priests in their formation work with seminarians and will attempt to add the perspective of a Catholic anthropology. Religious superiors or spiritual directors can be quite helpful with some of these conditions when working in conjunction with a mental health practitioner.

“THE PSYCHOLOGY OF SAME-SEX ATTRACTION”

In the afternoon, Dr. Moncher will discuss the phenomenon of same-sex attraction. Here he will describe some of the current theories on the causes of these attractions, including the developmental aspects that are thought to be important. Finally, he will review the controversial research related to providing therapy to individuals who have unwanted same-sex attractions.



Frank Moncher, Ph.D.

Dr. Moncher is Associate Professor and Director of the Psy.D. Program at the Institute for the Psychological Sciences. His research interests include the integration of Catholic thought into psychotherapy, child and family development issues, and the assessment of candidates for religious life.

Evening: Rev. James Tucker, S.S.

PASTORES DABO VOBIS: PSYCHOLOGICAL CONSIDERATIONS:

Fr. Tucker will present the psychological underpinnings of the integral formation of priests as elaborated in Pope John Paul II's encyclical, *Pastores Dabo Vobis*.



Rev. James Tucker, SS

Fr. Tucker is a Licensed Clinical and Forensic Psychologist and a licensed Marriage and Family Therapist. He is an Adjunct Professor at the Oblate School of Theology in San Antonio, Texas. A spiritual director at Assumption Seminary and a psychologist at the Vatican II Institute in Menlo Park, CA, Fr. Tucker's extensive clinical and pastoral experience provide unique insights into the area of pastoral ministry.

DAY 4—Thursday, August 14

Morning and Afternoon: Paul Vitz, Ph.D.

“THE PSYCHOLOGICAL IMPORTANCE OF FATHERHOOD”

In the morning, Dr. Vitz will cover such topics as current research on the importance of fathers, the negative consequences of bad fathering, and the utility of substitute fathers. Relevant special topics such as the psychology of atheism, gender identity, and the psychological aspects of spiritual fathering will also be addressed. The focus will be on the relevance of this psychological research to priests and seminarians.

“THE PSYCHOLOGY OF FORGIVENESS AND THE PRIESTHOOD”

In the afternoon, Dr. Vitz will identify major psychological barriers to forgiveness and present recent psychological models of the forgiveness process. In addition, he will discuss the topics of false or inadequate forgiveness and the currently important, but mistaken idea of self-forgiveness.

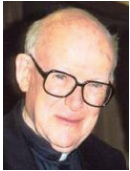


Paul Vitz, Ph.D.

Dr. Vitz is Professor and Senior Scholar at the Institute for the Psychological Sciences. His work is focused on the integration of Christian theology and psychology, breaking from the secular humanism and post-modern relativism prevalent today. His books include: *Psychology as Religion: The Cult of Self-Worship*; *Sigmund Freud's Christian Unconscious*; *Modern Art and Modern Science: The Parallel Analysis of Vision*; and *Faith of the Fatherless: The Psychology of Atheism*.

Evening: Rev. John F. Harvey, OSFS
“SALESIAN SPIRITUALITY FOR COURAGE LEADERS”

This talk will present Salesian spiritual practices, based upon the teachings of the Church, that focus on reaching wounded persons in need of compassion, especially those suffering from same-sex attraction.



Rev. John F. Harvey, OSFS

Fr. Harvey is a priest Oblate of St. Francis de Sales, a Doctor of Moral Theology, and a trained counselor. He has directed Courage (founded by former New York Archbishop Terence Cardinal Cooke) for 27 years and will continue to be a consultant with Courage. Courage has chapters in Australia, Poland, Ireland, England, Mexico, Central and South America, Africa, Singapore, New Zealand and the United States. Fr.

Harvey's book, *The Homosexual Person: New Thinking in Pastoral Care*, has helped many in understanding the pastoral care of persons with same-sex attraction.

DAY 5—Friday, August 15

Morning and Afternoon: Gladys Sweeney, Ph.D.
“THE PHENOMENON OF ATTACHMENT AND ITS INFLUENCE”

The psychological sciences have shown that early attachments between a child and its mother, and with other family members, are the cornerstones of human development. In the morning, Dr. Sweeney will cover the concept of attachment, the mechanism of its formation, and its role in the development of affective maturity.

“THE PSYCHOLOGY OF ATTACHMENT IN VOCATIONAL DISCERNMENT”

In the afternoon session, Dr. Sweeney will present the effects of attachment in later life. These effects include a person's level of sociability, reactions to new situations, strength in dealing with stress, and ability to develop adult attachments, including attachment to, and trust in, our Creator. These issues will be presented in light of the latest psychological research.



Gladys M. Sweeney, Ph.D.

Dr. Sweeney is the founder and Academic Dean of the Institute for the Psychological Sciences. Her area of interest is the integration of the psychological sciences with the Catholic view of the human person. Among her publications in this area, Dr. Sweeney has co-edited *Human Nature in its Fullness: A Roman Catholic Perspective* (CUA Press, 2006).

Registration Agreement

Complete this form or a copy and mail or FAX it to:
Institute for the Psychological Sciences
2001 Jefferson Davis Highway, Suite 511, Arlington, VA 22202
Voice: 703 416 1441 • FAX: 703 416 8588

Name: _____

Title/Position: _____

Seminary or Parish: _____

Address: _____

Telephone: _____

E-mail: _____

LOCATION: **Our Lady of Bethesda Retreat Center**
7007 Bradley Blvd., Bethesda, MD 20817 • (301) 365-0612

SCHEDULE:

10:00 AM – 12:00 PM	Morning session
2:00 PM – 4:00 PM	Afternoon session
7:00 PM – 9:00 PM	Evening session

COST: **\$165.00**/per day

August 11	Day 1	_____	August 12	Day 2	_____
August 13	Day 3	_____	August 14	Day 4	_____
August 15	Day 5	_____			

Meals (Breakfast, Lunch and Dinner Monday through Thursday; Breakfast and Lunch on Friday)
\$300.00 _____

Lodging Monday through Thursday plus Meals
\$400.00 _____

Fees payable by check or credit card

VISA MASTERCARD DISCOVER AMERICAN EXPRESS

Card Number: _____

Expiration Date: _____

Payment Signature: _____

Check Number: _____

I hereby register for the above courses. I understand that this registration is subject to the Institute's terms, policies, procedures, and conditions incorporated herein and do hereby agree to abide by these terms, policies, procedures, and conditions.

Participant Signature: _____

Date: _____

Certification and Credit

Participants will receive a certificate from the Institute for the Psychological Sciences upon successful completion of the seminar, along with 3.5 Continuing Education Credits (CEUs). Part-week participants will receive 0.7 CEUs per day.

Location, Schedule and Information

The seminar will be held at Our Lady of Bethesda Retreat Center, 7007 Bradley Boulevard, Bethesda, MD 20817.

Questions about registration for the seminar and about the seminar content should be directed to Maria Ruhl (mruhl@ipsciences.edu), 703-416-1441, ext. 101.

Refund Policy

Cancellation notices must be received in writing at IPS. A full refund, less a \$50 processing fee, will be provided for cancellation notices received before May 1, 2007. The processing fee will be \$150 for such notices received between May 1 and June 1, 2008. No refunds will be issued if notice is received after June 1, 2008.

The Institute for the Psychological Sciences

The Institute for the Psychological Sciences (IPS) is accredited by the Southern Association of Colleges and Schools to offer Master's and Doctoral degrees in Clinical Psychology. IPS was created to bring the psychological sciences into harmony with the truth and wisdom of the Catholic view of the human person.

The Institute's goals are:

- 1) To provide a fertile educational environment for the study of clinical psychology, with an emphasis on the integration of the psychological sciences with a Catholic vision of the human person in the areas of academic instruction, clinical training, research, and clinical practice.
- 2) To offer graduate level training in psychology to help qualified students develop as competent clinicians, teachers, and researchers.
- 3) To offer continuing education to professionals in the mental health field and to others whose interests overlap the mission of the Institute.

Sacerdos Institute champions priests and fosters the priestly spirit in the heart of the Church. Its programs respond to the ongoing priestly formation desires of bishops, dioceses, and their priests. Sacerdos Institute provides opportunities for spiritual growth, shares pastorally effective resources and encourages priestly fraternity.

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